

Information for Conferences, Communities

Title: Facing the Dragon – The Battle Against Methamphetamine

Workshop Description:

Conducted by a nationally known speaker, author, and recovering methamphetamine addict, this session will educate you from the point of view of someone that has experienced meth addiction first hand. David Parnell will describe what meth is, the dangers of meth, and the social impact that meth has on all of us, with emphasis on the effect that methamphetamine has on child abuse and domestic violence. The session will also include suggestions for preventing meth use in our communities. His own personal story of addiction and recovery will also be shared complete with detailed struggles and tips for working with addicts.

Objectives:

By the end of the workshop participants should gain additional knowledge of the following:

- What meth looks like, how meth is used, and what chemicals are used to manufacture meth
- The signs of use and be able to identify paraphernalia
- The prevalence of drug endangered children and what types of abuse they could suffer in meth homes
- The importance of intervening in such homes
- Recognize the signs of a meth lab and what action to take
- Learn how meth affects a person's mental condition during and after use
- Learn how to approach someone who is under the influence of meth.
- Learn more about the social impact meth has on the community as a whole
- What steps others are using to prevent drug use in their homes and communities

Program Length - 1.5

Approved CEUs - .15 (forms provided)

Facing the Dragon – The Battle Against Methamphetamine
Standard Presentation Outline as of November 1, 2010
By: David Parnell

- 1) Introduction
 - A) What is Meth? Definition – illegal stimulant, ect.
 - B) Slang Names and different appearances
 - C) Routes of Use – smoked, snorted, injected, orally ingested
 - D) Paraphernalia – What to look for
- 2) Manufacturing Meth
 - A) High risk of explosion – death, property damage
 - B) Overview of some of the dangerous and poisonous chemicals used
 - C) Possible locations of labs and dangers to public – explosions, traps, violent criminals
- 3) Child Abuse
 - A) Dangers to children in labs – burns, poisoning, neglect
 - B) Neglect by addicted parents – dirty, hungry, sick, cold, exposed to “dirty” needles
 - C) Physical abuse by addicted parents
 - D) Emotional effect
 - E) Role of Law Enforcement
- 4) David’s Story
 - A) Part 1 – Before Meth
 - a.) Addiction began with alcohol and marijuana and then progressed
 - b.) College bound athlete until addiction took over
 - c.) Introduced to meth
 - d.) Addiction led to end of marriage, prison
 - B) Part 2 - Life on Meth
 - a.) Short and Long term effects – weight loss, insomnia, paranoia, hallucinations
 - b.) How Meth effected own life – physically and mentally sick
 - c.) Neglect and abuse of own family – effects on family especially children
 - d.) Suicide Attempts
 - e.) Recovery – challenges and victories
- 5) Effects of Addiction
 - A) Women and Meth
 - a.) Reasons for use – sometimes different
 - b.) Before and after pictures
 - c.) Domestic Violence – in relation to own addiction or addicted partner
 - B.) Men and Meth
 - a.) Before and after pictures
- 6) Further Effects of Meth on Appearance
 - A) Extreme weight loss
 - B) “Meth bugs”
 - C) “Meth mouth”
- 7) Tweaking
 - A) What is “Tweaking”?
 - B) Paranoia – weapons, danger to children
- 8) Conclusion –Make good decisions– Some Things are With Protecting, Our Children, Our Future